

Requirements for Deputy Black Belt

I. Poomse (Forms)

1. Taeguk Pal (8th) Jang

Plus choice of: (must be different than Red Belt test)

- a. Weapons Form
- b. Creative Form
- c. Three Other Forms

II. One Step Sparring

1. Review of 1- 20

III. Self Defense

1. Review of the Following:

Straight Punch, Hook Punch, Kick, Knife, Club, and Gun Defenses

IV. Combinations

1. Jumping Spinning Roundhouse
2. Jump Back Kick

V Breaking

1. Choice of:

- a. Speed Break
- b. Jump Side Kick over 3 people

VI. Sparring

1. Three Matches against 1 opponent
2. One Match against 2 opponents